

BULLETIN



ROTARY
CLUB OF SAN JOSE

Meeting: March 29, 2006 Number 4600

2005-2006 President, Richard S. Campisi



Marjorie Freedman **"School Nutrition"**

Marjorie Freedman is an Assistant Professor in the Nutrition and Food Science Department at San Jose State University. Freedman received her M.S. and Ph.D. in Nutrition from UC Davis. She has worked in the field of nutrition for over 20 years; in industry, for a non-profit educational company, as a nutrition consultant and in academia.

As Manager, Scientific Affairs, for The NutraSweet Company, she traveled throughout the US and abroad educating health care professionals about the safety and benefits of the high-intensity sweetener NutraSweet (aspartame).

As the Vice President of Education for INR, a non-profit scientific organization dedicated to research and education in the fields of science and medicine, she prepared curriculum on a wide variety of topics, including weight loss, obesity and diabetes, performance nutrition, cardiovascular health, alternative medicine, and women's health. She presented over 650 seminars to health care professionals throughout the United States and Canada on these and other topics.

As a nutrition consultant, she provided expertise to Shape Up America! The Kellogg Company, The McDonalds Corp., Murdoch books, and the US Department of Agriculture. She authored the paper "Popular Diets: A Scientific Review" and was on the faculty of the American Dietetic Association's Weight Management Certification Program.

Freedman also currently holds the position of Research Assistant at UC Davis where she is working with an international team to evaluate the literature on obesity (CORET: Collaborative Obesity Research Evaluation Team).

Finally, as a parent volunteer, Freedman spearheaded the effort to remove junk food from her daughter's middle school in San Jose. She is an active member of the San Jose Unified School District's SHAPE committee, the Santa Clara County Office of Education's Fit for Learning Task Force and the Santa Clara County Children's Health and Fitness Coalition.

Proposed New Members

The following people have been nominated as a member of the Rotary Club of San Jose.

<u>Name</u>	<u>Classification</u>	<u>Sponsor</u>
John Leathers	Radio Broadcasting - AM Music	Bob Kieve
Eddie Garcia	Communications - Government Affairs	Fernando Zazueta

Rotary Week

Mar 27	Orientation	7:30	Gordon House
Mar 29	Red Badge	7:30	Gordon House
	Rotary Meeting	12:00	Summit Center
Mar 30	Endow Finance	7:30	Gordon House

~ Boy Scout Popcorn Sale ~

April 5th Cub Scout Pack 116, Boys Scout Troop 116 and Venture Crew 116 will be on hand to sell popcorn during Rotary lunch. This will be the only time the Scouts will be at Rotary - time to stock your shelves with popcorn!

District Conference April 28 - 30

Register now to be a part of this exciting weekend at the Santa Clara Marriott. From our opening lunch on Friday with **Major Tammy Duckworth**, to our closing brunch on Sunday featuring the **Speech Contest Finals** and the **Interact Showcase of Talent**, you will be inspired, motivated, and entertained. The **GSE team from Japan** will be our featured forum on Friday, and Saturday's forums will range from **Business Networking** and **Fundraising** to a special session for Rotarians of less than 5 years, **Embrace the Rotary Experience**.

There is something for everyone especially you! Sign up today on line at **www.rotary5170.org** and consider spending the night at the Santa Clara Marriott at a much-reduced rate. Reservations for the Marriott can also be made through the website.

District Assembly Workshops Scheduled

The District Assembly will be held 5:00 - 9:00 on Thursday, March 30 (Double Tree Hotel) and 8:00 - 11:00 Saturday, April 1 (Ramada Inn). There will be several workshops as well as the dinner on Thursday evening. For additional information see the form on page 3 of this Bulletin or go to the District website (rotary5170.org) .

PolioPlus Update

PolioPlus is Rotary's effort to eliminate polio around the world. All but four countries (Afghanistan, India, Nigeria and Pakistan) have been declared Polio-Free. It is expected there will be just 400 new cases during 2005-2006. By comparison, there were 352,000 new cases of polio in just the United States during 1952. Rotary hopes there will be no new cases in 2006-2007 and that the world will be declared Polio-Free in 2008. Rotarians around the world have given more than \$600 million to this cause. San Jose Rotarians have given over \$300,000 and you should be proud of all that Rotary has accomplished during the last 18 years.

Mentors Needed

The Membership Involvement Committee is in need of Mentors, if you are interested please contact Ken Wiener (408) 227-6444 or email him at kenanwie@pacbell.net

Santa Teresa Interact Club Needs Adult Volunteers

The Santa Teresa Interact Club is looking for two adults to chaperon Interact workers at the Stiles Ranch Trail repair project on April 22. If you are interested please contact Debra Dimas at (408) 347-7521.



Club Registration Form District 5170 2006 DISTRICT ASSEMBLY



Thursday, March 30/Saturday, April 1 Doubletree Hotel, San Jose

\$35 per Person PREPAID by March 23rd - \$40 per Person after March 23rd.

Agenda 4:30-5:30 PM Functional Area Reps Meeting 5:00-6:00 PM Registration and Fellowship 6:00-7:15 PM Workshop Sessions 7:30-9:00 PM Dinner & Program Please PRINT Your Club Name Rotarian/Guest Name	Please indicate session attending											
	March 30, 2006 6:00-7:15 PM							April 1, 2006 9:00-11:00 AM				
	Club President	Club President Elect	Rotary Foundation	Club Service	Membership	Community Service	Vocational Service	Youth Service	Secretary/Treasurer	International Service	Rotary Foundation	Membership
1												
2												
3												
4												
5												
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8												
9												
10												
11												
12												

Total _____ @ \$35 each Prepaid by Mar 23rd (\$40 after Mar 23rd) Total amount enclosed: \$ _____

Please make checks payable to "District 5170."

Prefer you mail Registration Form and check to District Assembly, 101 W. Olive Ave., Sunnyvale, CA 94086

OR Fax Form to Assembly Registration at (408) 736-1919 and mail check as noted above.

Registration Questions to Suzi at 408-736-4971 or Barb at 408-838-9757(cell)

Take off your tie ! Leave the high heels at home!



Your Digital Bridges Committee

Proudly Presents:

**Second Annual Spring Celebrity
Bocce Ball Tournament!**

**April 26, 2006, Wednesday
6 p.m. to 9 p.m.**

**Campo di Bocce,
565 University Avenue, Los Gatos**

Please RSVP

**to Pete Verbica (peterv@stvc1.com)
or Ernie Yamane (eyamane@tsgarch.com)**



**Providing Computers & Scholarship Aid for
Silicon Valley Schools & Students**

**Only \$50/person.
Limited tickets.**



**ROTARY
CLUB
OF SAN JOSE**



Volunteers Needed!

**HELP KIDS ENJOY
THEIR FIRST FISHING
EXPERIENCE**



Rotary's Annual Fishing Event for Third Graders is Saturday, April 29th at Hellyer Park. We need volunteers to help the kids set up tackle, bait hooks (no worms!) and net fish. Volunteers need not be Rotarians. There will be approximately 300 kids and their teachers from Washington, Lowell, Horace Mann and Grant Academy schools.

Fishing expertise NOT required!



Date:	April 29, 2006
Time:	7:30 a.m. to 12:30 p.m.
Location:	Hellyer Park Lake
Equipment needed:	Nail clippers to cut line & Towels to wipe hands
Bonus:	Famous Rotary Tri-tip BBQ



If you can help, please contact:

Barry Cristina
(408) 938-4932
barryc@greenwaste.com

