

BULLETIN



ROTARY
CLUB OF SAN JOSE

Meeting: September 3, 2008 Number 4715

2008-2009 President, Bert George

Dr. James Lock, Ph.D. **“Helping Your Child Beat an Eating Disorder”**



James Lock, MD, Ph.D. is Professor of Child Psychiatry and Pediatrics in the Department of Psychiatry and Behavioral Sciences at Stanford University School of Medicine where he also serves as Director of the Eating Disorder Program for Children and Adolescents. He is Director of Psychiatric Services for Eating Disorders at Lucile Salter Packard Children's Hospital. His major research and clinical interests are in psychotherapy research, especially in children and adolescents, and specifically for those with eating disorders. Dr Lock has published over 150 articles, abstracts, and book chapters. He is the author, along with Dr. le Grange, Agras and Dare, of the only evidenced-based treatment manual for anorexia nervosa called Treatment Manual for Anorexia Nervosa: A Family-Based Approach. He has also co-authored (with Daniel le Grange, Ph.D) a book for parents Help Your Teenager Beat an Eating Disorder and a new treatment manual for adolescent bulimia nervosa entitled: Treating Bulimia in Adolescents: A Family-Based Approach. He has lectured widely in the US, Canada, South America, Europe, and Australia. Dr. Lock is a past recipient of an NIMH Career Development Award, and a current recipient of an NIMH Mid-Career Award, both focused on enhancing psychosocial treatments of eating disorders in children and adolescents. He is the principal investigator (at Stanford) on an NIH funded multi-site trial comparing individual and family approaches to anorexia nervosa in adolescents. He is also co-Investigator at the coordinating center for a seven-site study comparing two types of family therapy combined with fluoxetine or placebo also funded by the NIH. In addition, he most recently was awarded a grant by NIH to study a novel neurocognitive therapy for adults with anorexia nervosa.

Love Hockey? Want To Go On A Road Trip?

President Bert George is leading a hockey trip to Montreal, Canada to see the San Jose Sharks play the Montreal Canadians on Saturday, February 28, 2009. Probable travel time will be 2/27/09 to 3/2/09. Please contact Ken Wiener at kenanwie@pacbell.net. if you are interested. **Don't wait!!!**

Rotary Week

Sep 1	HOLIDAY (Rotary Office Closed)		
Sep 2	ELC Hospitality	7:30 6:00pm	Gordon House Bobbie Gorenberg's Home
Sep 3	Membership Develop Rotary Meeting	7:30 12:00	Hispanic Foundation Summit Center
Sep 4	Orientation Youth Exchange	7:30 7:30	Gordon House SJUSD

Upcoming Events

Sept. 13	Rotary Spartan Day Sign-up @ Summit Center
Sept. 17	Rotary BBQ (Details Page 3)
Sept. 21	Fish Dinner (Details Page 4)
Sept. 24	Washington School Back to School Event Sign-up @ Summit Center
Sept. 29	Glenn George Golf Classic



WANTED:

Group Study Exchange Team Members



- Want an all-expense paid trip to one of the world's best beaches and resorts while sharing and exchanging your vocation abroad?
- Want a life-changing experience by learning other cultures and gaining vocational experience abroad?

District 5170 is looking for four (4) professionals between the ages of 25 and 40, who are in the early stages of their professional careers for this once-in-a-lifetime experience.

When: February 28 - March 28, 2009
Where: Rotary District 3810 - Central Philippines - including Manila
Who: Applicants must live or be employed in District 5170
What: Team Member Applications are due *August 29, 2008*

For four weeks, the team will experience Filipino culture, economy and institutions, observe how their vocations are practiced abroad, develop personal and professional relationships, exchange ideas, and experience Filipino way of life and customs while sharing information about their vocation and home in the Bay Area. Participants will return home with broadened cultural perspective and understanding of Filipino government, history, business and profession, and language.

During this four-week program participants will: Enjoy vocational visits where they have the opportunity to meet their professional counterparts; Give Rotary Club presentations; Participate in social events and meet with local dignitaries; Attend a Rotary District Conference; and, Experience cultural and site tours and free time with host families.

If You Are Interest, Contact:

GSE Chair, Richard Flanders:

(925) 469-9155 or email: srednalf@pacbell.net

Retrieve the application from District 5170's website: www.rotary5170.org,

Or the Rotary Foundation website: www.rotary.org/RIdocuments/en_pdf/161en.pdf

AUGUST BIRTHDAYS!!

Sept 1	William Hadaya Carlos Singh	Sept 10	Bill Bischoff Rich Braugh Rod Diridon, Jr.	Sept 21	Tom Hansen Steve Mangold
Sept 2	Don Richardson			Sept 22	Tim Quigley
Sept 3	Ernie Moreno	Sept 11	Cash Hamrick	Sept 23	Mike Fox, Sr. Bernie Vogel
Sept 5	Art Carmichael John Hopkins Gary Shara	Sept 12	Shirley Lewis	Sept 24	Ray Benech Lee Livingston Tim Nieuwsma
Sep 6	Marc Casto Bob Roseberry Roy Russell Dave Tillmanns	Sept 13	Tim Muller	Sept 26	Don MacMillan
Sep 7	Michael Burns	Sept 14	Dave Forster	Sept 27	Norm Nedde Nick Nichols
Sep 8	Carl Cookson	Sept 15	Roger Mialocq	Sept 28	Bill Baron Mike Benkert Lynn Devou
Sep 9	Dick King	Sept 17	Pierre Prodis		
Sep 10	Don Iglesias	Sept 18	Muhammed Chaudhry Amari Romero-Thomas Larry Terry		
		Sept 20	Thu Anh Do David Ginsborg		



Rotary Club of San Jose presents . . .

The Fall Barbecue

Wednesday, September 17, 2008

Gordon House
San Jose History Park

Lunch Barbecue 12:15 pm
\$25.00 per person

Evening Barbecue

\$50.00 per person
5:00 pm Hospitality Bar
and hors d'oeuvres
6:00 pm Dinner
New York Strip Steak
Salad
Beans
Dessert

Please **"Reply"**
to Carol
Schirrmacher @
carols@sjrotary.org
by Friday,
September 12.

*Any cancellations
after Monday,
September 15 will be
billed.*



Members, spouses, and guests are invited.



Rotary Fish Dinner

Sunday, September 21st

4:00 p.m. til 7:30 p.m.

**San Jose Water Company Picnic Facility
Santa Cruz Mountain Reservoirs
on Black Road**

The Rotary Fish Committee invites you to attend an Al-Fresco Fish Dinner at this exclusive venue. This is our annual fund raiser to benefit our spring fishing event for Inner City schoolchildren.

Who: Rotarians, Spouses and Friends
What: Rotary Al-Fresco Fish Dinner and Auction
When: Sunday, September 21st
Where: San Jose Water Company Picnic Facility (Private)
Why: To raise funds for our annual spring fishing event for kids
How Much: \$90 per person payable to the Rotary Club of San Jose Endowment and under the Memo section write "Fish Dinner"

Menu: An awesome array of fabulous seafood and continental cuisine catered and heavily sponsored by Parsley, Sage Rosemary and Thyme, and wonderfully complimented by wines selected and donated by our President, Bert George. See poster at our table in the Summit Center foyer for more details.

Note: There will be other entrees available for those who do not prefer fish

What to wear: Casual attire. Dress for the season, but bring a jacket or coat to keep warm as the sun starts to set behind the beautiful Santa Cruz Mountains.

What to Bring: A hearty appetite, a desire to have fun and willingness to bid often and bid high!

What to Do: Enjoy the food and beverages. Bid on silent and live auction items. Take part in a casting contest for prizes. Go fishing on the pier (catch and release only...must have a fishing license) HAVE FUN!

How You Can Help: If you have a great auction item you would like to donate, please contact Elizabeth Monley at 408-358-1111 extension 867 or emonley@apr.com

Contact the following people to make your reservations!

Carl Honaker: 408-272-0160 or carl.honaker@rda.sccgov.org
Debbie Blackwell: 408-594-1032 or debbie@psrt.com
Maureen Everett: 408-243-2311 or doctor@alaneverettdds.com

September 2008 Calendar

1 HOLIDAY Rotary Office Closed	2 7:30am ELC Gordon House 6:00pm Hospitality Bobbie Gorenberg's Home	3 7:30am Membership Devel. Hispanic Foundation 12:00noon Rotary Meeting Summit Center	4 7:30am Orientation Gordon House 7:30am Youth Exchange SJUSD
8 	9 7:30am Membership Gordon House 8:00am Downtown Development Hopkins & Carley 11:45 am Program Boy Scouts	10 7:30am Club Finance Gordon House 10:30am Special Committee Mtg with Assist Dist Gov Summit Center 11:00am Rota-Arts Summit Center 12:00noon Rotary Meeting Summit Center	11 7:30am Contributions Gordon House 4:00pm Boundless Playground Gordon House 13 2:00 SJSU BBQ 5:00 Kick-Off Rotary Spartan Day (Spartan vs Aztecs)
15	16 7:30am RI Foundation Mtg Gordon House 4:00pm Board of Directors and Endowment Joint Meeting Gordon House	17 7:30am Event Gordon House 7:30am Adult Gift of Life O'Connor Hospital Rotary BBQ @ Gordon House NO MEETING 12:15pm Lunch 5:00pm Hors d'oeuvres 6:00pm Dinner Served	18 7:30am Los Amigos Washington School 12:00noon International Services Gordon House 21 4-7pm Rotary Fish Dinner Lakeside Elementary School, Los Gatos
22 	23	24 7:30am Red Badge Gordon House 11:00pm Rotacare Rotary Summit Center 11:30am Digital Bridges Rotary Summit Center 12:00noon Rotary Meeting Rotary Summit Center	25 7:30am Membership Involvement Gordon House
29 Glenn George Classic Golf Tournament	30		